

5 - 9pm  
Wednesday - Sunday

Starters

**Soup of The Day €6**

with house breads.  
7,9,12

**Atlantic Seafood Chowder €8.5**

locally sourced fish & shellfish. with house breads.  
2,4,7,9

**Sticky Cajun Chicken Wings €8.5**

blue cheese dip.  
1,6,7,10,12

**West Cork Mussels €9**

creamy white wine sauce.  
4,7,14

**Smoked Salmon Tartare €9.4**

pickled cucumber, dressed mixed leaves.  
3,4,7

**Ardssallagh Goats Cheese Feuillette €10.5**

warm Ardsallagh goats cheese, caramelised red onion & beetroot feuillette  
1,3,7,10,11

Mains (Continued)

**Innish 10 oz Beef Burger €16.5**

smoked bacon, cheese, tomato, pickled gherkins, marie rose sauce, fries.  
1,3,7

**Herb Crusted Hake €18.8**

sautéed potatoes, rocket, creamy garlic white wine sauce.  
1,4,7,11

**Calamari Carbonara (Pasta Free) €16.5**

calamari noodles, pancetta, parmesan, cream  
3,4,7

**Superfood Salad €16**

organic locally sourced Garryhankard leaves, beetroot, apple, pomegranate, quinoa, roasted nuts.

**Add Chicken | €2**

8,11

**West Cork Mussels €15**

creamy white wine sauce, fries.  
4,7,14

To Share

**Seafood Medley €19.50**

citrus marinated prawns & dressed crab, spicy floured calamari, marie rose sauce, tomato salsa, house breads & dips.  
1,3,4,14

**Innish Cheese Board €18**

selection of four local cheeses, crackers, grapes, nuts, chutney, house breads.  
1,7,8

Sides

**Sweet Potato Fries €4**

**Fries €4**

**Garryhankard Organic Green Salad €4**

**Roast Herb Baby Potatoes €4**

**Spring Onion Champ €4**

**Selection of House Breads €4**

Mains

**8oz Sirloin Steak €24**

caramelised onions, grilled tomato & mushrooms, pepper sauce or garlic butter, fries.  
7,9

**West Cork Herb Crusted Seafood Pie €17**

cod, haddock, salmon, smoked coley, roasted herb baby potatoes.  
1,2,4,9,12. GF on request.

**Roast Chicken Supreme €18**

sautéed potatoes, chorizo sauce.  
7,9

**Stuffed Courgette €15**

ratatouille.  
(v)

**Traditional Beer Battered Fish & Chips €16.5**

tartar sauce, with side salad, fries.  
1,3,11

Something Sweet

**Café Gourmond €8.5**

espresso, chocolate fondant, lemon tart meringue, strawberry trifle.  
1,3,7

**Apple Walnut & Cinnamon Crumble €6.5**

crème anglaise, vanilla ice-cream.  
1,3,7

**Innish Warm Chocolate Brownie €6.5**

chocolate sauce, vanilla ice cream.  
1,3,7

**Vanilla Pod Ice-Cream €6.5**

butterscotch sauce.  
3,7

**Innish Eton Mess €6.5**

crushed meringue, seasonal fruit, fresh cream.  
3,7

**Cheesecake of the Day €6.5**

1,3,7

Allergens |

1. Gluten 2. Crustaceans 3. Eggs 4. Fish 5. Peanuts  
6. Soybeans 7. Milk 8. Nuts 9. Celery 10. Mustard  
11. Sesame Seeds 12. Sulphur Dioxide & Sulphites  
13. Lupin 14. Molluscs

WiFi Password / countryhouse.  
we do not split bills for parties of 6 or more.